



SILLY-O ACTIVITY IDEAS!

Silly-O is a camp favorite. It's a time for our campers to get a little messy, be silly, dance, and bond as a cabin. We want to recreate that at home! Below are some ideas we have on how to do a Camp at Home Silly-O! However, sky is the limit, try some other ideas! Anything new you come up with – be sure to share it with us!

We have provided activities with varying levels of messy-ness. Please make sure campers are collaborating with caregivers and adults prior to engaging in any activity! Have a blast, get messy as a group, and be sure to send TPT photos of your fun!

DUNK TANK

Supplies Needed: Bucket or Large bowl for water, list of trivia questions

Activity: Ask a trivia question, if they get it right, no dunk tank, if they get it wrong, dunk tank!!

MESSY LEVELS

More Mess: Add paint or mud to the water

Less Mess: Adjust the amount of water, put a chair in the bathtub or shower so there is no water clean up!

WHEEL OF MISFORTUNE

Supplies Needed: 2 paper plates, spinner tool (brad, pen, paperclip), markers, messy supplies (shaving cream, paint)

Activity: Create a DIY spinner (https://www.youtube.com/watch?v=o--fjol_Ehc, this link is an idea, but there are many other ways to do this!). Put different body parts on the spinner wheel, head, foot, elbow, knee, etc. When the spinner lands on a body part, they get that mess!

MESSY LEVELS

More Mess: Shaving cream, water! At camp, we will use leftover oatmeal, so old food is an option, but we are not encouraging food waste!

Less Mess: Washable Markers or watercolors

COLOR YOUR CAREGIVER

Supplies Needed: Markers, Paint, Paint Brushes

Activity: Like Silly O- a time for people to color/paint each other all over!

MESSY LEVELS

More Mess: Paint and watercolors!

Less Mess: Washable Markers

SHAVING CREAM BEARDS

Supplies Needed: Shaving Cream, Cheerios

Activity: Give someone a shaving cream beard, then the other folks stand at a distance and try and get cheerios stuck in the beard

MESSY LEVELS

More Mess: Shaving cream palooza, throw shaving cream at each other! Water colors to the shaving cream. Remember Pops' rainbow beard?!

Less Mess: something easier to vacuum than cheerios. Use a shower cap or an old beanie to protect hair and make for an easier clean up!

WATER PARTY

Supplies Needed: Anything that holds water- Cups, squirt guns, water balloons, buckets, hoses

Activity: Outside- try to get others soaked

MESSY LEVELS

More Mess: Water Balloon fight

Less Mess: just squirt guns; water balloon toss

LONG DISTANCE POUR

Supplies Needed: cups and beverage (water, juice, etc)

Activity: Someone is lying on the ground. Second person is holding a cup with water and see how high in the air you can get while pouring the water into someone's mouth.

MESSY LEVELS

More Mess: Second floor! From the ceiling!

Less Mess: Put a towel under the person lying on the ground, this will help keep things cleaner, water only! Stop pouring once it starts getting the towel wet. Make it an accuracy challenge!

MUDDY MARBLES

Supplies Needed: Marbles, Tub, Dirt, Water

Activity: Empty a bag of 20-30 marbles into a large plastic tub, before filling with mud. Using toes only, players take it in turns to pick out the marbles.

Set the clock for one minute. The player who finds the most in that time wins.

MESSY LEVELS

More Mess: Instead of mud – use paint!

Less Mess: No mud, just water and ice. Water colors can make it more colorful and still washable!

FROZEN T-SHIRT

Supplies Needed: T-shirts and a freezer

Activity: Wet your t-shirts, then roll them up and freeze them overnight if possible. Then each participant with a frozen t-shirt races to see who is first to put it on.

MESSY LEVELS

More Mess: soak it in other liquids (juice, water colors, muddy water, etc) before freezing

Less Mess: This activity is pretty non-messy when done as just a frozen t-shirt. Be prepared for some ice or water to be around, but for the most part – it's not messy!

SHAVING CREAM Pictionary

Supplies Needed: Shaving Cream, Water colors, drawing ideas. Can also just be messy sensory exploration using their hands and feet for younger kids.

Activity: Inside, using or hands or anything you'd like, draw images in the shaving cream and have others guess! Also, add water colors or food coloring to the shaving cream to up the fun!

MESSY LEVELS

More Mess: Can attempt doing this on a body part (hand or foot), put paint in the shaving cream

Less Mess: Can do this on a plate or in a pan or in a bathtub/shower for super easy clean-up!

MINUTE TO WIN-IT GAMES

Supplies Needed: 5 ping pong balls, 5 paper cups

Activity: Variety of games can be played with these (ping pong basketball – bounce balls off of a surface into a cup or bucket, table tennis toppling – set-up cups on the edge of a table and roll ping pong balls towards them to knock them off, ping pong ball scavenger hunt – hide ping pong balls in a certain room and try to find them, etc.). This is just an option for folks who really don't want to get messy at all but want to play some fun and silly games. Can add more ideas if this is an option we choose to pursue. To kick it off they could maybe decorate their cups and balls!

MESSY LEVELS

More Mess: If they want to make it messier, incorporate paint or shaving cream!

Less Mess: This is essentially a no mess option